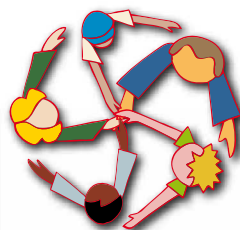


SHE



Schools for Health in Europe

SHE online school manual

5 steps
to a health
promoting
school



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a **TNO** company

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Acting for better schools, leading to better lives

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What is the manual?

The manual guides you step-by-step through the following phases to become a health promoting school:



You can use the manual in different ways depending on your school community's needs and priorities. You can follow the phases as a linear process or move back and forth between phases.

Best practice examples and tips are included for inspiration and to provide you with further clarity. You can also download related companion documents.

